

**Bless the Lord**  
Psalm 103

**Main Idea:** True thanksgiving comes from a heart that knows and remembers the goodness of God, as reflected in His mercy and love through Christ.

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|-------------|---|------------------|
| <b>I.</b>   | <b><u>Remember His blessings.</u></b>         | <b>103:1-5</b>   |
| 1.          | <u>Praise</u> God for His <u>benefits</u> .   | 103:1-2          |
| 2.          | <u>Thank</u> God for His <u>redemption</u> .  | 103:3-5          |
| <b>II.</b>  | <b><u>Reflect on His mercy.</u></b>           | <b>103:6-12</b>  |
| 1.          | <u>Celebrate</u> God's <u>justice</u> .       | 103:6            |
| 2.          | <u>Marvel</u> at God's <u>grace</u> .         | 103:7-12         |
| <b>III.</b> | <b><u>Rejoice in His compassion.</u></b>      | <b>103:13-18</b> |
| 1.          | <u>Rest</u> in God's <u>care</u> .            | 103:13-14        |
| 2.          | <u>Trust</u> in God's <u>love</u> .           | 103:15-18        |
| <b>IV.</b>  | <b><u>Revere His sovereignty.</u></b>         | <b>103:19-22</b> |
| 1.          | <u>Honor</u> the Lord as <u>Creator</u> .     | 103:19           |
| 2.          | <u>Bless</u> the Lord with <u>obedience</u> . | 103:20-22        |