## **Rest for Work**

Matthew 11:25-30

I.	Exp	perience true <u>humility</u> from Jesus.	11:25-27	
	1.	Exemplify a childlike faith.	11:25	
	2.	<u>Seek</u> God's <u>perspective</u> .	11:26-27	
II.	Experience true <u>rest</u> in Jesus.		11:28-29	
	1.	Find your <u>refuge</u> in <u>Christ</u> .	11:28	
	2.	Exchange your <u>burdens</u> for <u>grace</u> .	11:29	
III.	Experience true <u>freedom</u> in Jesus.		11:29-20	
	1.	Imitate Christ's character.	11:29	
	2.	Seek spiritual refreshment.	11:30	