

Overcoming Stress
The Pressure of Moses
Exodus 18:1-27

Exodus 18:17-18 - Moses' father-in-law said to him, "What you are doing is not good. You and the people with you will certainly wear yourselves out, for the thing is too heavy for you. You are not able to do it alone.

- I. Don't let stress affect your priorities. 18:1-7**
 - 1. Remember that God provides the victory. 18:1
 - 2. Remember who God entrusts to you. 18:2-17

- II. Don't let stress deter your mission. 18:8-12**
 - 1. Be ready to share God's message. 18:8
 - 2. Be ready to receive God's blessing. 18:9-12

- III. Don't let stress steal your effectiveness. 18:13-27**
 - 1. Remember who is in control. 18:13-23
 - 2. Listen to wise counsel. 18:24-27