

## Overcoming Anxiety

The Worry of David

Psalm 56:1-13

**Matthew 6:34** - "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble."

- I. Put your trust in the character of God. 56:1-7**
  - 1. He is a merciful God. 56:1-3
  - 2. He is a powerful God. 56:4-7
  
- II. Lift your heart with the Word of God. 56:8-11**
  - 1. His word is sure. 56:8-9
  - 2. His word is sufficient. 56:10-11
  
- III. Place your hope in the Son of God. 56:12-13**
  - 1. Give yourself to Him. 56:12
  - 2. Find new life in Him. 56:13